



## Natural Sprout Company, LLC

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## Technical Specifications

### Mung Bean Sprouts

#### *Growing and Harvesting Conditions:*

- » Produced high in the Rocky Mountains
- » Hydroponically grown
- » Environmentally controlled greenhouses
- » Nutrient rich
- » Timed growth for optimal activity
- » Micro-biologically tested
- » Grown on our own farm
- » All natural “Live Superfood”
- » Low temperature air-dried
- » Grown fresh to order
- » 60 mesh powder

#### *Potential Benefits:*

- » Enhanced antioxidant enzymes and coenzymes
- » Potassium rich food
- » Excellent source of Vitamin A and B1, B2 & B3
- » Super nutritious food source
- » Excellent source of protein
- » High food energy content

#### Amino Acids

tryptophan  
proline  
leucine  
histidine  
threonine  
methionine  
glutamic acid  
phenylalanine  
aspartic acid

cystine  
lysine  
isoleucine  
arginine  
tyrosine  
alanine  
valine  
serine  
glycine

#### Minerals

calcium  
iron  
potassium  
magnesium  
manganese  
zinc  
copper  
sodium  
phosphours  
selenium

#### Vitamins

vitamin A  
vitamin C  
vitamin E  
thiamin (B1)  
riboflavin (B2)  
pantothenic acid  
pyridoxine (B6)  
nicotinic acid  
retinol

folate  
folate, DFE  
vitamin A, IU  
vitamin A,RAE  
folic acid  
niacin  
vitamin B12