



## Natural Sprout Company, LLC

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### Technical Specifications

#### **Alfalfa Sprouts**

##### *Growing and Harvesting Conditions:*

- » Produced high in the Rocky Mountains
- » Hydroponically grown
- » Environmentally controlled greenhouses
- » Nutrient rich
- » Timed growth for optimal activity
- » Micro-biologically tested
- » A "Whole Food"
- » All natural "Live Superfood"
- » Low temperature air-dried
- » Grown fresh to order
- » 60 mesh powder

##### *Potential Benefits:*

- » High nutrient content; vitamins, minerals, and protein
- » Immune enhancement
- » A complete food
- » Nutritionally rich
- » High potency of vitamins and minerals
- » Detoxifying characteristics
- » Cholesterol reducing capacity
- » Improve nutrient absorption
- » Antioxidants with enhancing cofactors "Live Superfood"

##### *Live Nutritional Profile: (Phytochemicals: enzymes, carotene, tocopherol)*

##### Amino Acids

cystine  
histidine  
isoleucine  
leucine  
lysine  
phenylalanine  
threonine  
tryptophan  
tyrosine  
valine

##### Minerals

boron      calcium  
selenium   chromium  
cobalt      potassium  
zinc        magnesium  
iron        manganese  
copper      phosphorus  
silicon     nickel  
nobelium   vanadium

##### Vitamins

vitamin A  
thiamine (B1)  
riboflavin (B2)  
pantothenic acid  
pyridoxine (B6)  
folic acid  
ascorbic acid (C)  
vitamin D  
alpha tocopherol  
vitamin K

##### Enzymes

lipoxigenase (LOX)  
amylase  
hydroprooxide  
isomerase  
lipase  
cellulase